



BRIEF INTERVENTION COURSE (BIC 321)

Vaping Awareness



COURSE DESCRIPTION

The *Vaping Awareness* Brief course presents students with several facts, stories and questions that help them understand the risks associated with vaping. The course challenges students' thought processes and provides opportunities for new perspectives and self-discovery.



LEARNING OBJECTIVES & SKILL DEVELOPMENT

- Increase knowledge of the harmful effects of nicotine
- Identify personal thinking errors that are connected to vaping
- Develop vaping avoidance skills
- Empowerment and leadership skills to be a positive influence on other students



RECOMMENDED USES

- **Self-Directed**—Student does most of the course work independently with a parent or mentor.
- **Group**—To be completed at school in a group format with a facilitator.
- **Hybrid**—A combination of self directed learning and group instruction.
- **Live Instruction**—Facilitator led digital curriculum, suitable for both in class or virtual.



COURSE INFORMATION

Author and Publisher: ACCI Lifeskills

Course Format: eLearning

Item Number: BIC 321

eLearning Length: 55 Slides

Scientific Model: Cognitive Restructuring



STANDARDS MET

MTSS Tier 2

PBIS

Restorative Practices

Evidence-based Practices



eLEARNING ACTIVITIES

- Narration
- Story Telling
- Animation
- Gamification
- Animated Thoughts
- Self Assessments
- Interactive Images



PURCHASE OPTIONS

- License to reprint
- Purchase individual courses
- Parent Enrollment
- Customized eLearning platform
- School Referral

If you don't start, you will never have to quit.