education lifeskills

COURSE OVERVIEW

Boundaries

SCH 205

COURSE DESCRIPTION

The **Boundaries** course was designed as prevention to help students become more self aware of their own and others boundaries. It is also a short course on the rights and privileges that protect each individual from abuse. It is written as historical fiction as it follows the individuals who are having their boundaries broken.

LEARNING OBJECTIVES & SKILL DEVELOPMENT

- Increase student understanding of their constitutional rights and personal boundaries.
- Students will be able to more readily identify instance of boundary breaking.
- Students will learn how to effectively respond to instance of boundary breaking.
- Perpetrators will learn how to respect each persons personal boundary.

RECOMMENDED USES

- Self-Directed—Student does most of the course work independently with a parent or mentor.
- Group—To be completed at school in a group format with a facilitator.
- Hybrid—A combination of self directed learning and group instruction.
- Live Instruction—Facilitator led digital curriculum, suitable for both in class or virtual.

COURSE INFORMATION

Author and Publisher: ACCI Lifeskills
Course Format: eLearning and Printed Workbook
Item Number: SCH 205
eLearning Length: 193 Slides
Scientific Model: Cognitive Restructuring
Workbook Pages: 36
Course Length: 4-6 hours
Instructor Guide: G605

COURSE CONTENT

Unit 1: HUMAN RIGHTS
Your fundamental rights to freedom and safety.

Unit 2: SETTING BOUNDARIES
How to keep your boundaries from being broken.

Unit 3: RELATIONSHIPS
Abuser probability profile test.

Unit 4: HEALTHY MINDSET
I am smarter and more intelligent than I may think I am.

PURCHASE OPTIONS

- License to reprint
- Purchase individual courses
- Customized eLearning platform
- Parent Enrollment
- School Referral

eLEARNING ACTIVITIES

Narration
Story Telling
Animation
Gamification
Animated Thoughts
Self Assessments
Interactive Images