

COURSE OVERVIEW



Vaping Awareness

SCH 211



COURSE DESCRIPTION

This course is designed for both prevention and early intervention for students who are considering or experimenting with tobacco use. All types of tobacco use are addressed including vaping, e-cigarettes, and chewing tobacco. Students are presented with several facts, stories and questions that help them see clearly the risks associated with tobacco use.



LEARNING OBJECTIVES & SKILL DEVELOPMENT

- Increase student awareness of the risks associated with vaping
- Emphasize the significance of maintaining good health in creating a fulfilling life
- Examine values, attitudes, beliefs that lead to vaping behavior
- Empower students to take control of their decisions and lives
- Develop strategies to avoid vaping



RECOMMENDED USES

- **Self-Directed**—Student does most of the course work independently with a peer or mentor.
- **Group**—To be completed at school in a group setting with a facilitator.
- **Hybrid**—A combination of self directed learning and group instruction.
- **Live Instruction**—Facilitator led digital curriculum, suitable for both in class or virtual.



COURSE INFORMATION

Author and Publisher: ACCI Lifeskills

Course Format: eLearning and Printed Workbook

Item Number: SCH 211

eLearning Length: 170 Slides

Scientific Model: Cognitive Restructuring

Workbook Pages: 40

Course Length: 4-6 hours

Instructor Guide: G 605



COURSE CONTENT

Unit 1: HEALTHY CHOICES

If you don't start, you never have to quit.

Unit 2: POSITIVE THINKING SKILLS

Becoming more aware of your thoughts.

Unit 3: CONSEQUENCES

If you are not in charge of your life, who is?

Unit 4: MR. NIC

Skills for avoiding nicotine use and addiction.

Unit 5: TOBACCO AND OTHER FORMS OF NICOTINE

Who benefits the most from tobacco and nicotine use?



PURCHASE OPTIONS

- License to reprint
- Purchase individual courses
- Customized eLearning platform
- Parent Enrollment
- School Referral



eLEARNING ACTIVITIES

Story Telling

Gamification

Self Assessments

Interactive Images